

# Part 1 - Background

Who is the  
Colorado Healthy  
Headwaters  
Working Group?

What are  
our goals?

# Bringing Stream/wetland partners together in Colorado to scale up headwater restoration

A workshop at Colorado Parks & Wildlife was held in Dec. 2019 to bring together the many agencies and orgs that work to restore headwater streams and wetlands – goal was to discuss collaborating to increase the pace and scale of headwaters restoration.

The Workshop led to the creation of the Colorado **Healthy Headwaters Working Group (HHWG)** in March 2020

Tagline of HHWG – *What can we do more effectively as a group than working separately?*



J. Corday – South Park

HHWG was inspired by how new partners came together during the California **drought crisis** of 2012-2016 to focus upon restoring wet meadows in Source watersheds

### Traditional Stream/Wetland Restoration Partners

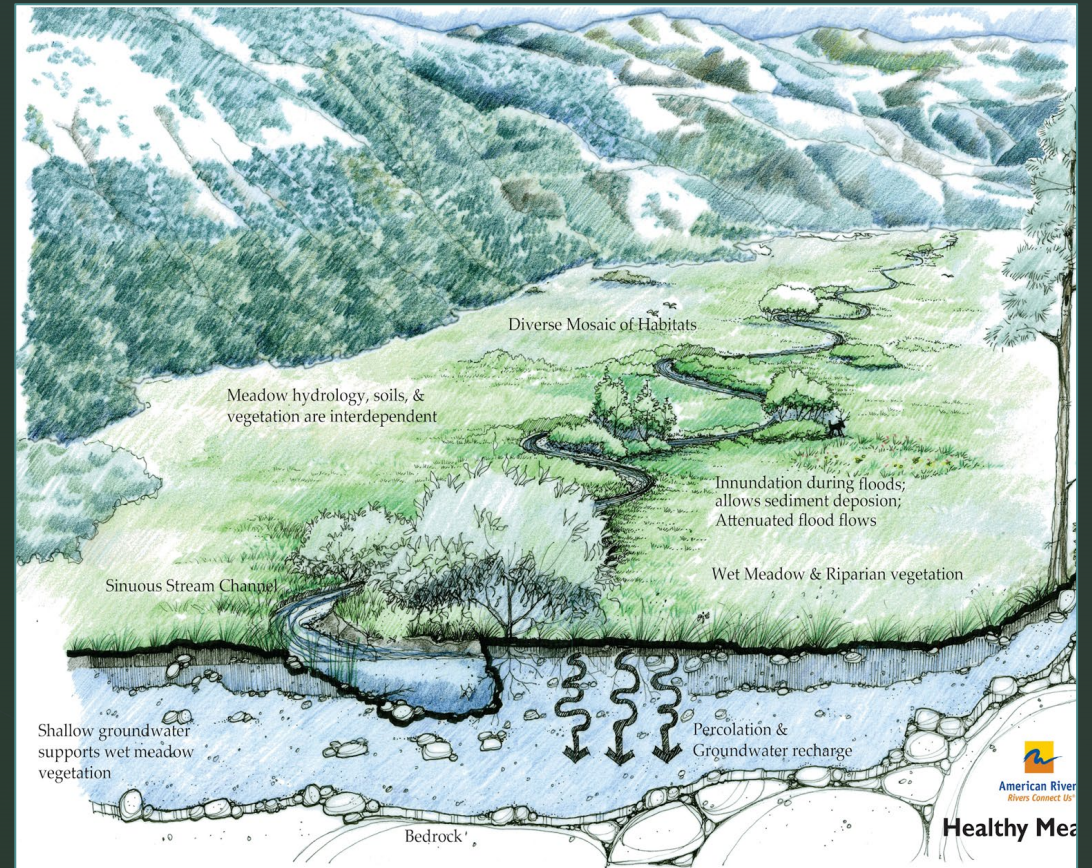
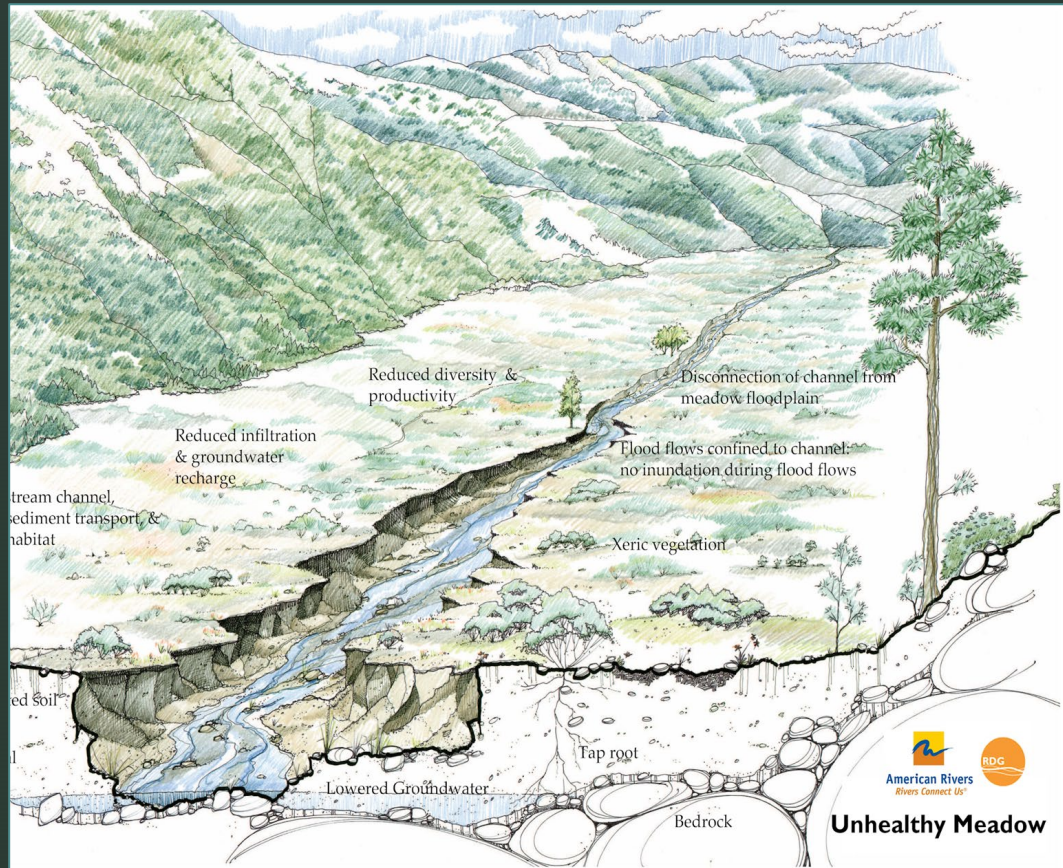
- Federal and state **land mgt** agencies such as USFS, BLM, CPW
- Federal and state **wildlife** agencies such as USFWS, CPW
- Federal and state **water quality** agencies – EPA, WQCD
- Federal **agriculture** – NRCS
- Local government – counties & cities
- Conservation non-profits – local, state, national
- Watershed groups – local, regional

### New Partners, Interests, & Funding

- Water Conservation & Conservancy Districts
- Water providers, utilities
- Federal and state **disaster** agencies – FEMA, DOLA
- Federal and state **water mgt** agencies – BOR, USACE, state water boards
- Agencies & organizations focused on **resiliency to climate change impacts** – drought, fires, floods, less snowpack

# Many of the same agencies and nonprofits that led in California are also in Colorado - became HHWG members

- ❖ **HHWG members** – Academic *researchers* (CSU, CMU, & MSI), *state agencies* (CPW, CDOT, CWCB), *federal agencies* (NRCS, USFS, BLM), conservation, land trust, and watershed *nonprofits*, and river/wetland restoration *practitioners*
- ❖ **HHWG Vision:** *Work together to increase the pace, scale, and value of process-based headwaters riverscape restoration throughout Colorado to improve watershed health, critical wildlife habitat, and ecosystem services.*
- ❖ **HHWG formed two subcommittees:**
  - **Policy/communication** – focused on supporting policy that scales up restoration
  - **Science/projects** – focused on supporting restoration demonstration projects



Healthy riverscapes provide greater water security and biodiversity than degraded systems

# Examples of HHWG Policy & Science work

## Policy/communication Work

- **CO Water Plan comments** - focused on the Thriving Watersheds Action Area
- **Members make numerous presentations**
  - Water Congress 2021 & 2022
  - CWCB Drought Resiliency Workshop
  - Legislator Webinars for water bills
  - BRT E&R Rep meetings
- **Support solving barriers to restoration**
  - Stream Restoration Bill
  - Education on IIJA & IRA Funding

## Science/Project Support Work

- **Restoration project support**
- **Restoration research** – Comprehensive review & synthesis of published and unpublished case studies

# New comprehensive LTPBR research paper to share

State of the science review is a deliverable for an American Rivers grant from CWCB called: *Engaging West Slope Agriculture in Headwaters Restoration to Improve Water Security - Outreach and Assessment Strategies*”

Link for the Report: [State of the Science on Restoring Western Headwater Mountain Streams \(americanrivers.org\)](https://americanrivers.org)

Restoring Western Headwater Streams with Low-tech Process-Based Methods: A Review of the Science and Case Study Results, Challenges, and Opportunities

Version 1.0, November 2022



**AMERICAN  
RIVERS**  
Life Depends on Rivers™



Trail Creek, Jackie Corday

## Part 2 – Why is HHWG focused on scaling up LTPBR?



# Three big reasons: First, the scale of the problem

- Colorado has over 105,000 miles of rivers.
- ~61% of smaller streams and ~97% of major rivers have experienced **floodplain alteration**, rendering their floodplains partially or wholly nonfunctional.
- Climate change impacts of drought, less snowpack, & fires are exacerbating/magnifying the problems incised streams cause.

**Rivers modified by floodplain alteration**

STATE	SHARE OF HEADWATERS THAT HAVE BEEN MODIFIED	SHARE OF SMALLER RIVERS AND STREAMS THAT HAVE BEEN MODIFIED	SHARE OF MAJOR RIVERS THAT HAVE BEEN MODIFIED	SHARE OF ALL RIVERS THAT HAVE BEEN MODIFIED
Arizona	32%	56%	96%	<b>63%</b>
California	36%	41%	80%	<b>45%</b>
Colorado	51%	61%	97%	<b>63%</b>

Chart from [Disappearing West](#), Center for American Progress website.

# State of the Roaring Fork Watershed

*“More than **two-thirds** of the surveyed streams in the Roaring Fork watershed have moderately to severely **degraded riparian habitat.**”* Roaring Fork Watershed Plan 2019 Executive Summary



## Roaring Fork Watershed Plan Executive Summary 2019

### 1. Introduction

Water is one of the Roaring Fork Valley's most precious resources. Our communities are connected through our rivers – the Roaring Fork River; Hunter, Castle, and Maroon Creeks; Snowmass, Brush, and Woody Creeks; the Fryingpan River; the Crystal River; Cattle, Four-Mile, and Three-Mile Creeks. Our quality of life is dependent on their many benefits – from world-class rafting to gold-medal fly fishing; from crystal clean drinking water to locally grown beef; epic views up a

# Why are incised streams/disconnected floodplains a problem?

- **Physical effects** of disconnected floodplains include:
  - Lowered groundwater tables,
  - Loss of riverine wetlands and riparian vegetation,
  - Lower summer base flows – streams can even transition from perennial to intermittent,
  - Higher sedimentation and warmer water temperatures = **lower water quality**.
- **Biological effects** include a substantial loss of riparian plant biomass and diversity, and population declines in fish and other aquatic organisms.
- **Freshwater biodiversity** of rivers, streams, wetlands, and lakes **is rapidly declining in every major river basin on earth** at a faster pace than terrestrial and marine systems.

# The degree of floodplain alteration differs substantially in CO Streams



All photos by  
Jackie Corday

## 2<sup>nd</sup> & 3<sup>rd</sup> reasons “Why LTPBR” – *the science & the economics*

**The science** – case studies show how effective it is to reconnect floodplains and restore ecological and ecosystem services.

**The Economics** – LTPBR typically costs about 1/10<sup>th</sup> the cost of traditional heavy equipment approaches per mile of restoration.



**LOW-TECH  
PROCESS-BASED  
RESTORATION**  
*OF*  
**RIVERSCAPES**  
**DESIGN MANUAL**



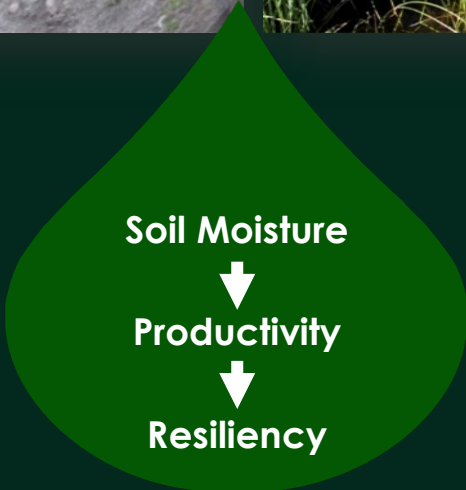
Edited by: Joseph M. Wheaton, Stephen N. Bennett, Nicolaas Bouwes, Jeremy D. Maestas & Scott M. Shahverdian

# Restored riverscapes = Drought Resiliency

By re-wetting the “sponge”



Natural Storage



This Slide from **Jeremy Maestas, NRCS**  
Slides available at: DOI:  
[10.13140/RG.2.2.20982.55366](https://doi.gov/10.13140/RG.2.2.20982.55366)

# Wildfire Resilience



Extensive research on this topic from Dr. Emily Fairfax

# Water doesn't burn. Beaver complexes are

Without Beavers

With Beavers



Photos by Dr. Joe Wheaton, Utah State University, of the 2019 Sharps Fire in Idaho





# Large beaver complex survived Colorado's 2020 Cameron Peak fire



Photo: Evan Barrientos/Audubon  
Rockies

# Benefits of restored streams – allowing beaver to stay or return to their historic habitat

## Ranchers' views

### Water

- Higher groundwater table
- Improved stream flows
- Increased water ponding



Slide from Dr. Susan Charney, USDA  
Pacific Research Station

### Forage

- Increased riparian pastures & wet meadows
- Better quality & quantity of livestock forage
- Healthier, fatter animals





# Part 3

## LTPBR Project Examples

# Examples of LTPBR approaches – BDAs & PALS



**Depending on the location, the goal** usually is that beavers will return and **take over** the project areas where beaver mimicry structures were installed because they are the most beneficial long-term agents of maintaining river health.

Beaver returned within one year of this EcoMetrics South Park BMS restoration project



Photo from Mark Beardsley, [EcoMetrics](#) river in South Park area, CO



More examples  
of LTPBR  
methods –  
**Zeedyk** rock  
structures to  
control gully  
erosion in the  
Upper Gunnison



**Rock Detention  
Structures** in  
Arizona that  
slow runoff,  
recharge  
groundwater

# Colorado examples of LTPBR projects

**GMUG, Gunnison Ranger District –**

**Trail Creek –** Partners included USFS, CPW, NPS, NFF, TU, HHCA, WCU, and Gunnison County



9-14-2021: Before treatment

9-22-2021: After treatment



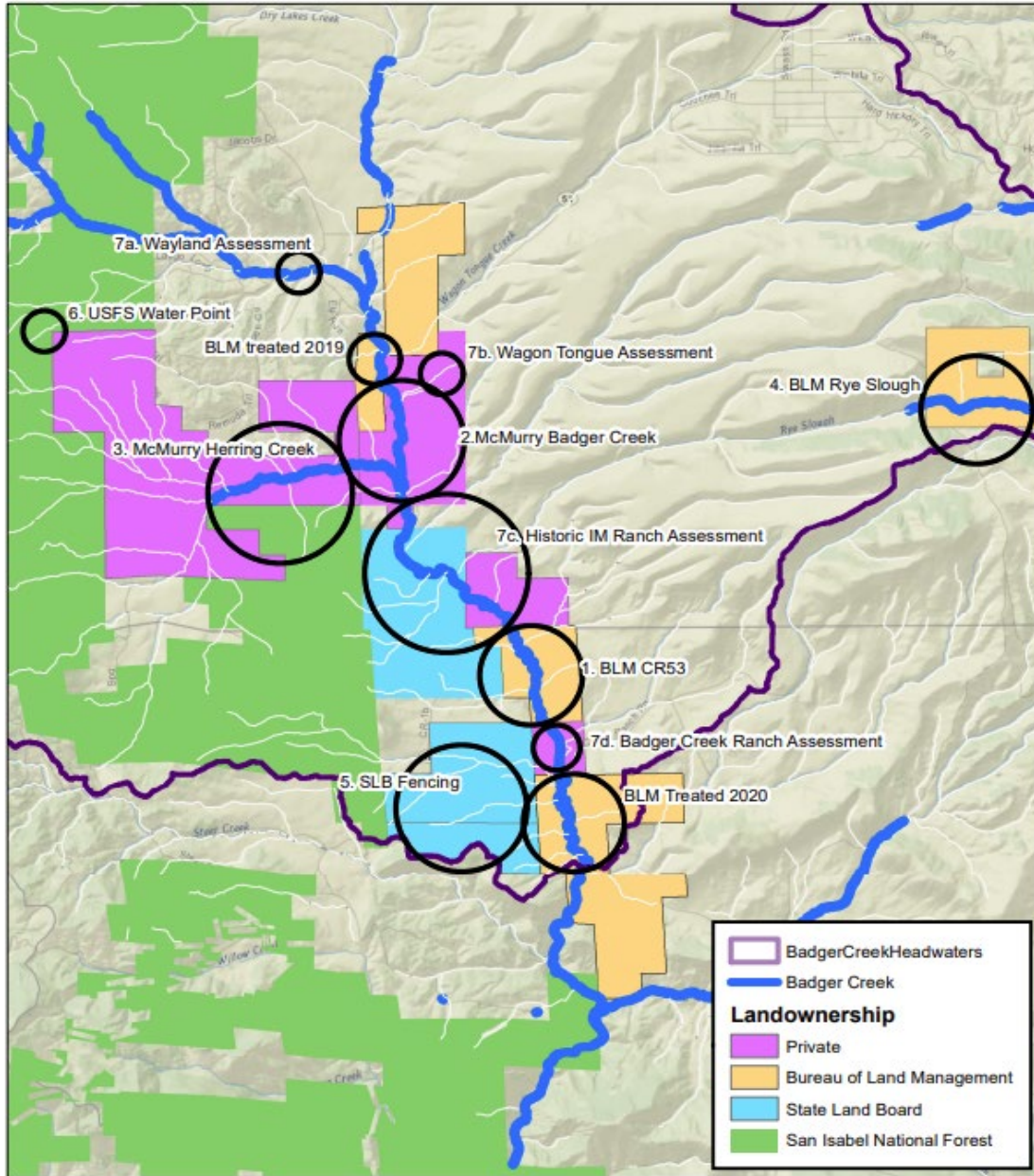
**All photos by EcoMetrics**

# The Trail Creek LTPBR structures – one season later in June 2022





# Badger Creek Riparian Restoration Projects



Badger Creek multi-year project –  
BLM, CWCB, Park County, CPW,  
private landowners, CCC



Goal – restore this degraded reach to this reference reach



April 20, 2020 – Before Treatment



June 11, 2020 – After Treatment



LTPBR approach included using native grass sod plugs to provide speed bumps in the incised stream

Also, grazing mgt and riparian plantings are key

**April 23, 2020 – During Treatment**



**June 11, 2020 – After Treatment, During Planting**

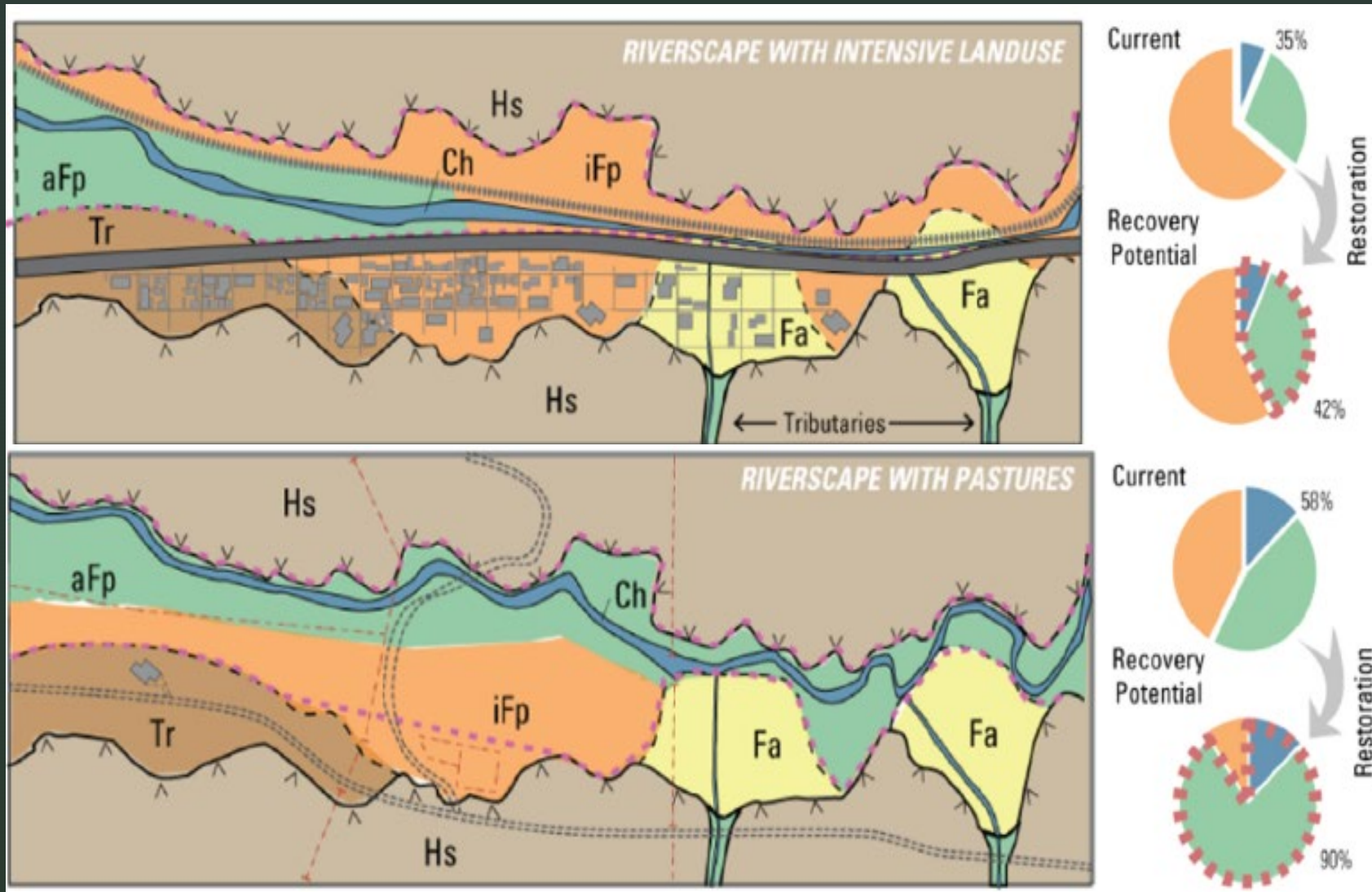


# Important considerations for LTPBR

- Where are LTPBR approaches to riverscape restoration appropriate? Usually upper watershed headwater streams in valleys with 3% or less slope - where there is room for the stream to utilize its full floodplain without causing conflicts
- Using nature's energy to restore dynamic processes – run-off and erosional events and beaver = dynamic processes & thus need for adaptive management
- Infrastructure management – must plan for beaver returning – culverts/roads
- Grazing management is key to project success!



# Recovery potential will depend upon many factors, including existing land uses — graphics from Peter Skidmore & Joe Wheaton 2022 paper



[Riverscapes as natural infrastructure: Meeting challenges of climate adaptation and ecosystem restoration - ScienceDirect](#)